The Resident Perspective

• Why RadOnc?
• Why UTDRO?
• Life as a Resident?
• Life in Toronto?
Why RadOnc?

Radiation Oncology Resident Profile
Amir Safavi

About me
Hi! My name is Amir and I'm a PGY-3 Radiation Oncology resident at the University of Toronto. I am a Toronto native and a devoted Leafs fan. I obtained my BA at Columbia University studying Biology and Music (I considered a career as a violinist at one point), an MSc at the University of Toronto researching synthetic genomics, and an MD at McMaster University.

Why I chose Radiation Oncology
I had developed an academic interest in Oncology through senior year coursework and research in graduate school. However, learning about cancer care through the experiences of those close to me translated my academic interest into an aspiration to be an Oncologist. Early in medical school, I considered different avenues to pursue a career in Oncology, and very quickly found Radiation Oncology to be the best fit and most fulfilling. Imagine having the chance to provide care and meaningful pain and symptom relief to your patients, locally treat cancer from head-to-toe in adults and children, and work with arguably the most interdisciplinary teams in all of medicine to leverage cutting-edge technology and care for patients in the most challenging time of their lives.

Source: https://residentdoctors.ca/resident-profile/dr-amir-safavi/

Radiation Oncology Resident Profile
Gordon Locke

December 2016
About me
Hi there! My name is Gordon Locke and I am a PGY-1 in radiation oncology at the University of Toronto. I grew up in the Toronto neighborhood of High Park. I did my undergraduate degree in medical biophysics at Western University in London, Ont., and subsequently did my medical degree at McMaster University in Hamilton, Ont.

Why I chose radiation oncology
Radiation oncology is a small specialty that many people have never heard of, or at least they don’t know exactly what radiation oncologists do. When I chose to become a radiation oncologist, several factors played into my decision. One important consideration was that the specialty is primarily outpatient-based with very few inpatient responsibilities. This gives me more predictable practice hours and responsibility.

Source: https://residentdoctors.ca/resident-profile/dr-gordon-locke/
Why UTDRO – High Energy and Dynamic

Vision
Global leadership in Radiation Oncology by transforming practice through innovation and excellence in Research and Education.

Mission
We prepare future radiation medicine leaders, contribute to our communities, and improve the health of individuals and populations through discovery, application, and communication of knowledge.

Research Highlights
REPORTING PERIOD: JULY 1, 2019 TO JUNE 30, 2020

PUBLICATIONS
486 TOTAL PUBLICATIONS
2.67 PUBLICATIONS PER INVESTIGATOR

FUNDING
$50.5M TOTAL FUNDING

“Clearly, UTDRO is one of the leading radiation oncology departments in the world. On the basis of its publications, UTDRO compares favorably to peer institutions such as MD Anderson Cancer Centre and Memorial Sloan Kettering Cancer Centre.”

2021 External Review
Why UTDRO – Cutting Edge Centres
Why UTDRO – 4 Residents/Year
Why UTDRO – Collaboration

Pre-treatment psychoeducational intervention and outcomes in head and neck cancer patients undergoing radiotherapy.

Canadian Perspectives on Radiation Oncologist Workforce Planning and the Job Market.
Kelty D, Malik N, Ringash J, Halperin R, Brundage M, Doll CM, Loewen SK.

Stereotactic ablative radiotherapy for malignant mediastinal and hilar lymphadenopathy: a systematic review.
Tjong MC, Malik NH, Chen H, Boldt RG, Li G, Cheung P, Poon I, Ung YC, Tsao M, Louie AV.

Stereotactic ablative radiotherapy versus metastasectomy for pulmonary metastases: guiding treatment in the oligometastatic era.
Malik NH, Kelty DM, Louie AV.
Why UTDRO – Sustained Resident Excellence

First Author Publications:

- Michael Tjong
  2021
  - The New England Journal of Medicine

- Dana Keilty
  2021
  - Journal of Clinical Oncology

- Rachel Glicksman
  2020
  - JAMA Oncology

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Radiation Oncology @UoTDRO - Jun 8
Congratulations to Dr. Badr Id Said @BadrIdSaid who has been awarded the NOYCIA (Novartis Oncology Young Canadian Investigator Award) for his ASCO2022 abstract: "Individualized Prediction of Distant Metastases Risk in Oral Cavity Carcinoma: A Validated Predictive-Score Model".

Radiation Medicine Program @RadMedPM - Jul 11
Congratulations to #RMPatPM @UoTDRO Resident Dr. Jennifer Kwan, who received the 2022 Multinational Association of Supportive Care in Cancer @CancerCareMASCC Young Investigator Award!
Why UTDRO – Wellness Committee

Social events

Call room snacks

Gym @ PMCC

Supporting parental leave

Wellness 2020-2021 Survey
Help the wellness committee with your wellness!

Anonymous feedback
Safe space to submit your comments/concerns about the program, hidden curriculum, etc. * You will not be associated with your submission, if you do not want your comment brought forward anonymously to RPC/Dr. Bezjak, please say so in your comment.
Why UTDRO – Fellows are Awesome

**Academic Half Day (AHD) Fellow Teaching**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00-10:25 am</td>
<td>Drill for Jason (PGY3) and Donna (PGY3) - by Dr. Mheid (PMCC fellow)</td>
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<tr>
<td>10:30-12:00 pm</td>
<td>Palliative Radiation Lecture - by Dr. Othman (PMCC fellow)</td>
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</tbody>
</table>

**AHD PM Fellow Coverage**

Pick up pager right after AHD or physics
If teaching cancelled, Friday on-call resident to hold pager instead of pre-assigned fellow

<table>
<thead>
<tr>
<th>Date</th>
<th>Fellow</th>
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<tbody>
<tr>
<td>Sept 30</td>
<td>Marc Barcelona</td>
</tr>
<tr>
<td>Oct 7</td>
<td>Sarah Murad</td>
</tr>
<tr>
<td>Oct 14</td>
<td>Simone Chaudhary</td>
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<tr>
<td>Oct 21</td>
<td>Saheli Saha</td>
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<tr>
<td>Oct 28</td>
<td>Rohan Salunkhe</td>
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</tbody>
</table>

**Research Fellow Mentorship**

- Immunotherapy and Stereotactic Ablative Radiotherapy for Lung Cancer with Co-existing Interstitial Lung Disease: A Case Report.

- Trastuzumab emtansine increases the risk of stereotactic radiosurgery-induced radionecrosis in HER2+ breast cancer.

- Stereotactic ablative radiotherapy in T1-2N0M0 small cell lung cancer: A systematic review and meta-analysis.
# Life as a Resident - Day and Week at a Glance

## A Typical Day

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>08:00-09:00</td>
<td>Multidisciplinary Cancer Conference</td>
</tr>
<tr>
<td>09:00-12:00</td>
<td>New Patient/Follow-Up Clinic</td>
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<tr>
<td>12:30-13:30</td>
<td>Lunch +/- Treatment Plan Quality Assurance Rounds (discuss several radiation plans with other radiation Oncologists, physicists, and planners)</td>
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<tr>
<td>13:30-17:00</td>
<td>Review Clinic (assess patients who are on treatment once-a-week to provide support and side-effect management)</td>
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<tr>
<td>17:00-19:00</td>
<td>Contouring (self-directed time)</td>
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</tbody>
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## Weekly Schedule at a Glance

<table>
<thead>
<tr>
<th>Day</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td>06:00</td>
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<tr>
<td>07:00</td>
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<tr>
<td>08:00</td>
<td>Oncology Grand Rounds</td>
<td>Multidisciplinary Cancer Conference</td>
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<tr>
<td>09:00</td>
<td>Contour</td>
<td>New Patient / Follow-Up Clinic</td>
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</tr>
<tr>
<td>10:00</td>
<td>Contour</td>
<td>New Patient / Follow-Up Clinic</td>
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</tr>
<tr>
<td>11:00</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch / Treatment Plan QA Rounds</td>
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<tr>
<td>12:00</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
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<tr>
<td>13:00</td>
<td>Cancer Research Rounds</td>
<td>Contour Review with staff</td>
<td>Contour</td>
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<tr>
<td>14:00</td>
<td>One-on-One Teaching</td>
<td>Contour Review with staff</td>
<td>Review Clinic</td>
<td></td>
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<tr>
<td>15:00</td>
<td>Contour Review with staff</td>
<td>Contour Review with staff</td>
<td>Multidisciplinary Cancer Conference</td>
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<tr>
<td>16:00</td>
<td>Self-study</td>
<td>Multidisciplinary Cancer Conference</td>
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<tr>
<td>17:00</td>
<td>Contour</td>
<td>Call</td>
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Source: https://residentdoctors.ca/resident-profile/dr-amir-safavi/
Life as a Resident - Resident Areas
Life as a Resident - Conferences and Socials
Life in Toronto
Connect with us!

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**Chief Resident** Dr. Amir Safavi  [amir.safavi@rmp.uhn.ca](mailto:amir.safavi@rmp.uhn.ca)

**Assistant Chief Residents**
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Dr. Bryce Thomsen  [bryce.thomsen@rmp.uhn.ca](mailto:bryce.thomsen@rmp.uhn.ca)

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**CANPREPP / AFMC**
[https://www.canprepp.ca/program-directory/university-of-toronto---radiation-oncology---toronto](https://www.canprepp.ca/program-directory/university-of-toronto---radiation-oncology---toronto)

**Program Website:**
[https://www.radonc.utoronto.ca/radiation-oncology-residency](https://www.radonc.utoronto.ca/radiation-oncology-residency)

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